## MENTAL HEALTH

**Broken Minds** 

60 minutes/1990

Added: 10/00 Requests: 0 User rating: n/a

WBH Educational Foundation Boston, MA

This episode of "Frontline," a documentary program on PBS television, examines the causes and impact of schizophrenia on those afflicted with the illness, particularly those that become homeless and reside in places like Central Part in New York City. The camera follows two outreach workers from Project ReachOut as they make their rounds in Central Park where homeless persons with serious mental illnesses live on park benches, in boathouses, stages and band shells, or wherever else they can find shelter. Many of these individuals have schizophrenia and, at least initially, refuse any help. The documentary also examines the impact of schizophrenia on family members, treatments for the disorder, and the biological causes of the illness. AVAILABLE FROM: PBS Video, 1320 Braddock Place, Alexandria, VA 22314.

Children and Trauma: The School's Response

Alameda County Mental Health Services Oakland, CA

21 minutes/undated

Added: 3/03 Requests: 0 User rating: n/a

This video provides an overview of how educators and mental health providers can help children heal from traumatic events. Children who are on the margins of society are most impacted by traumatic events, and for some, school is their only stability. The video presents experts who talk about the need on the part of educators for assistance from mental health professionals to help them deal with children's reactions to trauma. The types of assistance are also discussed.

# **Community Care for Homeless Clients with Mental Illness, Substance Abuse, or Dual Diagnosis**

The Better Homes Fund Boston, MA

94 Minutes/1994

Added: 10/00 Requests: 0 User rating: n/a

Many homeless individuals who use shelter facilities have serious mental illnesses and/or substance use disorders. Shelter staff are not always equipped to serve them. The purpose of this video is to equip shelter staff with the conceptual and practical tools they need to ensure high quality care to this population. The video and companion manual approach this objective by: 1) providing information about the characteristics and needs of this subgroup and the resources available to meet these needs; 2) discussing the skills necessary to establish a helping relationship, to identify and mange crises, and to meet longer term needs through ongoing assessment and referral; and 3) using the knowledge and skills to design specialized services, such as outreach, and to modify existing policies and procedures in order to serve this population. AVAILABLE FROM: The Better Homes Fund, 181 Wells Ave., Newton Center, MA 02159-3320. (617) 964-3834.

## Consumers Working as Providers: Improving Quality and Reducing Costs

National Empowerment Center Lawrence, MA

61 minutes/1997

Added: 1/01 Requests: 0 User rating: n/a

This video uncovers many areas in which mental heath consumers working as providers may be beneficial to treatment. Topics include cost savings in hiring people recovering from psychiatric disabilities, two recovery case examples, hiring and supporting people in recovery, facilitating transition from group therapy to peer support, and discussion of opportunities and challenges in hiring people in recovery. The video is a valuable tool for health care purchasers, managed care organizations, and behavioral health care providers. AVAILABLE FROM: National Empowerment Center, 599 Canal St., Lawrence, MA 01840. Phone: (800) POWER-2-U. Fax: (978) 681-6426. COST: \$49.

## Crazy Women: Madness, Myth, and Metaphor

National Association of Psychiatric Survivors Sioux Falls, SD

Added: 1/01 Requests: 0 User rating: n/a

In January 1990, six women, all former inpatients of psychiatric hospitals, met in Sioux Falls, SD, to talk about their experiences in psychiatric hospitals, their treatment, and their views on mental illness – especially as it relates to women. This video is part of that conversation. AVAILABLE FROM: National Association of Psychiatric Survivors, PO Box 68, Sioux Falls, SD 57101.

#### Dark Side of the Moon

25 minutes/1997

60 minutes/1990

Fanlight Productions Boston, MA

Added: 9/96 Requests: 12 User rating: 4.6

This documentary weaves together the stories of three mentally disabled men, formerly homeless, who have overcome despair, stigma and isolation to become valued members of their community. Joe, diagnosed as paranoid schizophrenic, provides peer counseling and manages an apartment complex for homeless men. After years of hospitalization for schizophrenia, Ron advocates for patients ' rights and is raising his six-year-old son as a single parent. John still struggles with paranoia, but lives independently and works as an artist and poet. After years of feeling hopeless and helpless, through their relationships with understanding friends and community resources, they now help others. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. Phone (800) 937-4113.

**Depression** 

Fanlight Productions Boston, MA

26 minutes/1996 Added: 10/00 Requests: 0 User rating: n/a

Serious depression affects millions of Americans every year. Women are twice as likely as men to be diagnosed with depression, but overall as many as 15% of Americans may suffer from this debilitating illness at least once in their lives. In this video, people who have experienced depression as well as medical experts, explore the causes of depression. They also discuss treatments ranging form psychotherapy to the revised forms of electroconvulsive (ECT) or Ashock@ therapy. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. (800) 937-4113 (Cost: \$149.00)

#### **Depression and Manic Depression**

28 minutes/1996

Fanlight Productions Boston, MA

Added: 10/00 Requests: 0 User rating: n/a

CBS reporter Mike Wallace, psychiatrist and author Katherine Redfield Jamison, artist Lama Dejani, and State Department official Robert Boorstin are among those who share their experiences of depression in this outstanding program. Depression affects more than 17 million Americans each year, yet it has been estimated that only a third receive any treatment, largely because of stigma and fear. The video explores the realities of depression and provides an overview of treatments and resources. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. (800) 937-4113 (Cost: \$149.00)

#### A Dialogue on Recovery

44 minutes/1992

New York State Office on Mental Health Albany, NY

Added: 10/00 Requests: 0 User rating: n/a

This provides excerpts from an ongoing dialogue between psychiatrists and recipients of mental health services. Persons with serious mental illnesses and psychiatrists rarely have an opportunity to talk as equals. The dialogue is structured to accomplish three goals: (1) Create a forum for psychiatrists and recipients to exchange perspectives; (2) Develop a shared vision of recovery; and (3) Consider ways in which the treatment relationship could be more collaborative. AVAILABLE FROM: Bureau of Community Systems Development, 44 Holland Ave., Albany, NY 12229. (518) 474-3432.

## **Dialogues with Madwomen**

87 minutes/1994

Added: 10/00 Requests: 0 User rating: n/a

Women Make Movies New York, NY

This film presents portraits of seven women, including the director, who have experienced serious mental illness. The women, of diverse ages and backgrounds, each tell their own story which includes experiences in psychiatric hospitals, manic-depression, schizophrenia, depression, multiple personality disorders, and sexual abuse. The film won the Freedom of Expression Award at the Sundance Film Festival in 1994. AVAILABLE FROM: Women Make Movies, Distribution Department, 462 Broadway, Suite 500, New York, NY 10013. (212) 925-0606. Cost: \$89.00 plus \$5 S/H.

#### **Doug Ferrari on CNN News Stand**

15 minutes/2000

San Francisco, CA

Added: 1/01 Requests: 0 User rating: n/a

Doug ("Dougzilla") Ferrari was a hot comedian in the '80s before succumbing to alcohol, drugs, and mental illness and ending up homeless in the Tenderloin District of San Francisco. He suffers from the difficult-to-diagnose Borderline Personality Disorder that affects five million people in America. The right mix of therapies, medication, and support of friends who knew him from his comedy circuit days have Doug back on track and performing again. This video is a segment of CNN's News Stand which highlights Doug's mental illness, his treatment and recovery, and his comeback.

## Down and Out: Conversations with the Mentally Ill Homeless

University of New Mexico Albuquerque, NM

38 minutes/1989

Added: 10/00

Requests: 0 User rating: n/a

This educational video, filmed in Albuquerque's streets and at programs for the homeless, provides a realistic glimpse into the lives of homeless persons who have mental illnesses as well as introducing viewers to the types of programs that are most effective in serving them. The video features eight homeless people with histories of mental illness, discussing their daily routines, psychiatric hospitalizations, substances abuse problems, and use of psychiatric medications. Included are interviews with staff from programs working with homeless persons with metal illnesses, as well as comments from the eight homeless interviewees about how they have been helped by the programs. AVAILABLE FROM: The University of New Mexico, Area Health Education Center, 2701 Frontier NE, Albuquerque, NM 87131. (505) 277-2442. Cost \$40.00

#### **Families Coping with Mental Illness**

The Mental Illness Education Project Hohokus, NJ

22 minutes/1995 Added: 10/00 Requests: 0 User rating: n/a

In this video, a group of 10 parents discuss having a child with schizophrenia or bipolar disorder. The video is divided into three parts: (1) the experience of the beginning stages of the illness. (2) some suggestions for survival; and (3) learning to cope with a problem that does not disappear. The video examines initial disbelief and ignorance of the illness, feelings of shock at the illness and overconfidence in a quick cure, and the experience of dealing with mental health professionals. The discussion then moves to strategies for survival, including learning about the illness, managing money, dealing with holidays, and living one's own life. The video concludes with suggestions of ways to cope with manipulation and adjust expectations. AVAILABLE FROM: The Mental Illness Education Project, 22-D Hollywood Ave., Hohokus, NJ 07423. (800) 343-5540

#### Four Lives: A Portrait of Manic Depression

60 minutes/1996

Fanlight Productions Boston, MA

Added: 10/00 Requests: 0 User rating: n/a

Manic depression illness affects nearly three million Americans. In this documentary, four patients and their families and psychiatrists share their perspectives on living with manic depression. Though the illness can recur throughout a patient's

life, effective treatments are now available, and the film explores both medical and psychotherapeutic approaches, as well as the controversial electroconvulsive (ECT) or Ashock@ therapy. Persons who battle mental illness will take comfort in the struggles of these courageous people to achieve control over their lives. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. (800) 937-4113 (Cost: \$195.00)

#### **Hospital Without Walls**

Duke University Medical Center Durham, NC

48 minutes/1993

Added: 10/00 Requests: 0 User rating: n/a

This video introduces the Program for Assertive Community Treatment (PACT), a program model that addresses the treatment and services needs of people with serious mental illnesses within a community setting, to clinicians, policy makers, consumers, and their families. Viewers get an in-depth look at a PACT program in Charleston. The video includes personal accounts of clients and follows staff on their daily rounds. Research findings on the efficacy of the PACT model are presented. AVAILABLE FROM: Marvin Swartz, MD, Div. of Social and Community Psychiatry, Dept. of Psychiatry, Duke Univ. Med. Center, PO Box 3173, Durham, NC 27710. (919) 684-3332. Cost: \$25.00.

#### **The Housing Difference**

20 minutes/1992

New York State Office of Mental Health Albany, NY

Added: 10/00 Requests: 0 User rating: n/a

This video describes some of the supportive housing programs for persons with serious mental illnesses in New York. The programs include a variety of housing - from adult group homes to apartment buildings - and serve a diverse population, many of whom were previously homeless. Neighbors of the various residences, the providers and the residents themselves are interviewed about the programs. Some of the programs highlighted include the Transitional Living Center (TLC) in New York City and Fleming Housing in Westchester County. AVAILABLE FROM: New York State Office of Mental Health, Managed Care Services, 44 Holland Ave., Albany, NY 12229. (518) 474-3432.

#### I Love You Like Crazy: Being a Parent with Mental Illness 27 minutes/2000

Mental Illness Education Project Brookline Village, MA

Added: 8/01

Requests: 0 User rating: n/a

This video is an introduction to some of the problems parents who have mental illness deal with as they strive to be effective, supportive, loving mothers and fathers. Eight mothers and fathers discuss challenges they face as parents with mental illness. No one knows how many parents must cope with mental illness while raising children, but it is a far greater number than is generally thought. This video is intended to challenge the notion that people with mental illness cannot or do not have children. Includes discussion notes. AVAILABLE FROM: The Mental Illness Education Project Videos, 22-D Hollywood Ave., Ho Ho Kus, NJ 07423. Phone (800) 343-5540. Fax (201) 652-1973. Website: www.miepvideos.org

#### I'm Still Here: The Truth About Schizophrenia

Wheeler Communications, Inc. Honeoye, NY

Added: 9/96 Requests: 1 User rating: 5.0

This compelling video strips away the ignorance and fear associated with schizophrenia. Despite the distortions of personality and perception induced by a chemical imbalance of the brain, many of those living with this illness lead lives of extraordinary courage and accomplishment.

#### In Our Backyard

67 minutes/1996

Corporation for Supportive Housing New York, NY

20 minutes/1996

Added: 10/00 User rating: n/a Requests: 0

This is about supportive housing in New York, Chicago, and San Francisco. It features interviews with a broad range of supporters, including police, neighbors, merchants, politicians, and a real estate developer. This video was designed to counter "not in my backyard" (NIMBY) attitudes by offering information to community members who might oppose a project. Other audiences might include government representatives, funders, or the media. AVAILABLE FROM: Corporation for Supportive Housing, 342 Madison Ave., Suite 505, New York, NY 10173. Cost: \$15.00.

## Integrated Treatment for Mental Illness, Drug Addiction and Alcoholism (MIDAA): The Alaska Example.

Sciacca Comp.Service Development New York, NY

55 minutes/1990

Added: 10/00 Requests: 0 User rating: n/a

This video uses case examples to address training issues for treatment of persons with co-occurring mental health and substance use disorders. Topics include: client self-reporting of symptoms; treatment interventions; working with culturally diverse populations such as Alaskan Natives; treatment in large urban settings and in small rural settings; clients' experiences with the MIDAA treatment; and characteristics of persons with co-occurring disorders. The video contains direct clinical footage from an actual MIDAA seminar, including examples of trainee/provider participation. It can be viewed in segments (topics of interest) or in its entirety and is appropriate for program administrators, service providers (mental health and substance abuse), educators, students, and consumers and their families. AVAILABLE FROM: Kathleen Sciacca, Sciacca CSD for MIDAA, 299 Riverside Dr., New York, NY 10025. (212) 866-5935. Cost: \$79.95.

Introducing TJ
27 minutes/2000

Robert & Mary Magill
Sarasota, FL

Added: 1/01 Requests: 0 User rating: n/a

This video introduces the concept of therapeutic jurisprudence (TJ) within the framework of Mental Health Court. The filmmakers traveled throughout Florida, documenting both the frustration within a weak system and the successes that arise from a unique court system, in Broward County, that helps persons with mental illness who come through the courts. A tie-in to housing, through the Court Project, is also highlighted. AVAILABLE FROM: Robert/Mary Magill, 1176 Tahiti Parkway, Sarasota, FL 34236-2426. <a href="http://hometown.aol.com/ibonobos/myhomepage/newsletter.html">http://hometown.aol.com/ibonobos/myhomepage/newsletter.html</a>. Phone/Fax: (941) 330-0038. E-mail: introducingtj@aol.com. Cost (including postage/handling): \$118.00.

### People Say I'm Crazy

56 minutes/1989

California Network of Mental Health Clients Sacramento, CA

Added: 10/00 Requests: 0 User rating: n/a

In 1987, a ground-breaking survey was conducted in California by the California Network of Mental Health Clients to explore what factors promote or deter will-being among those individuals commonly labeled "mentally ill." This survey was conducted, written, and analyzed entirely by mental health clients. This video reflects the finding of that survey through interviews with the consumers themselves about their views of their illness, how they feel about themselves and their quality of life. Among the key findings are: 50% of the respondents feel that the mental health system does not respect consumers as people who can make choices; 47% have avoided the mental health system for fear of involuntary commitment; and 70% feel that meaningful work and achievement are important to their well-being. The film points to the power of self-help in leading productive and fulfilling lives.

Real Life with Jane Pauley: The Betty Story
11 minutes/1990

National Broadcasting Corp.
New York, NY

Added: 10/00 Requests: 0 User rating: n/a

This episode of NBC's "Real Life with Jane Pauley," documents a daughter's search for her mother, Betty, who had given her up for adoption while in a psychiatric hospital years earlier and by all accounts was currently living on the streets of New York's City's upper Westside. After locating Betty's brother, her daughter finds that Betty had been a show girl at the famed night club, the Latin Quarter, in 1955. A promising entertainer, Betty traveled to Hollywood, California, to seek a career in movies and it was then, says her brother, that something went wrong. By the time Betty was 30 years old, she had been married three times and in and our of state psychiatric facilities all over the country. Although the family had lost touch with Betty, her daughter was able to locate Betty through Project ReachOut in New York City, a

program that had had contact with her on the street. Mother and daughter were reunited but Betty died of a heart attack three weeks later. AVAILABLE FROM: NBC News Archives, 30n Rockefeller Plaza, Room 902, New York, NY 10112. (212) 664-6213.

**The Road Home** 15 minutes/1994

Mecklenburg County Dept. of Mental Health Charlotte, NC

Added: 10/00 Requests: 0 User rating: n/a

This describes the continuous care division (CCD) of the Mecklenburg Co. Department of Mental Health in North Carolina which provides outreach and case management services for homeless people with serious mental illnesses. CCD was a recipient of an ACCESS (Access to Community Care and Effective Services and Supports) program grant, a demonstration program administered by the Center for Mental Health Services (CMHS). Mecklenburg County hopes to develop an integrated service system for homeless persons with serious mental illness. AVAILABLE FROM: Dept. of Mental Health/Substance Abuse/Developmental Disabilities, 429 Billingsley Rd., Charlotte, NC 28211. (704) 336-3494.

#### **Strong at the Broken Places: Turning Trauma into Recovery**

Cambridge Documentary Films Cambridge, MA

Added: 9/99 Requests: 0 User rating: n/a

This video looks at the personal stories of four individuals who experienced trauma (war, street violence, physical abuse, drug addiction) and how they learned to heal themselves by helping others. The film shows how deep personal loss can be turned into a powerful tool for restoring hope and changing society. AVAILABLE FROM: Cambridge Documentary Films, PO Box 390385, Cambridge, MA 02139-0004 or *cdf@shore.net*. Web site: *http://wwwshore.net/~cdf* 

**Sucker Punched** 

38 minutes/1998

University of Iowa Iowa City, IA

27 minutes/2000

Added: 4/03 Requests: 0 User rating: n/a

This award-winning video tells a compelling, true story about the consequences of alcoholism and substance abuse. Native American, Delaney apples of Rapid city, SD, describes his difficult life growing up on the Pine Ridge Reservation. He details a particularly terrible incident—inflamed by alcohol, drugs, and violence—which stopped his life in its tracks. He then tells how his very existence was recreated through traditional Lakota spirituality. This video is appropriate for adolescents or persons involved in health care from a holistic perspective. AVAILABLE FROM: University of Iowa Video Center, C-105, Seashore Hall, Iowa City, IA 52242. Phone (866) 287-1234. Email: <a href="mailto:laura-sinn@uiowa.edu">laura-sinn@uiowa.edu</a>. Cost: \$30.00 (includes S&H).

**Through Madness** 

Filmakers Library New York, NY

28 minutes/1992 Added: 10/00 Requests: 0 User rating: n/a

This film chronicles the experiences of three people with serious mental illnesses, including schizophrenia and manic depression. These individuals talk about psychosis, hospitalization, stigma, and recovery. They include: Eileen, a once promising actress who now lives in a New York City half-way house; Joe, a noted patient advocate from Philadelphia, and Lionel, a former professional football player now living in Milwaukee. By describing their struggle with sickness and recovery, they each contribute to demystifying and de-stigmatizing mental illnesses. AVAILABLE FROM: Filmmakers Library, 124 East 40<sup>th</sup> St., New York, NY 10016. (212) 808-4980. Cost: \$295.00 plus \$10. S/H; \$55.00 to rent.

## When the Brain Goes Wrong

45 minutes/1995

Fanlight Productions
Boston, MA

Added: 10/00 Requests: 15 User rating: 4.9

This contains a series of portraits of individuals who have various brain dysfunctions, including schizophrenia, manic depression, epilepsy, head injury, headaches, addiction, and stroke. The video has seven short segments, each focusing on

a different disorder, featuring personal stories that give viewers a sense of what it's like to live with these conditions. Physicians provide an overview of what is known about each disorder and what can be done to assist those who have it. AVAILABLE FROM: Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. (800) 937-4113 (Cost: \$149.00)

## The Wild Man of West 96th Street

15 minutes/1993

60 Minutes/CBS Television Network New York, NY

Added: 10/00 Requests: 0 User rating: n/a

This episode of A60 Minutes, a CBS news program, features Larry Hoge, a homeless veteran with co-occurring mental health and substance abuse disorders who lives on the street in New York City. Larry menaces the neighbors, especially when he is high on crack cocaine. Though the police have arrested him repeatedly, as soon as he is released he goes back to the neighborhood and the cycle begins again. The neighbors would like the city to commit him involuntarily to a psychiatric hospital, but the law forbids that because Larry is not posing an immediate danger to himself or others. WRITTEN TRANSCRIPT AVAILABLE FROM: Burrells's Transcripts, PO Box 7, Livingston, NJ 07039-0007.

Working Like Crazy
54 minutes/

Solutions

Solutions

Boston, MA

Added: 1/04 Requests: 0 User rating: n/a

From the isolation of a psychiatric hospital to running a successful courier service, Laurie Hall refuses to accept barriers. Instead, she has created ... for herself and other like her ... a place to heal. An estimated 85% of people labeled "mentally ill" are unemployed, and often viewed as incapable of working. This video challenges these stereotypes. *Working Like Crazy* offers a engaging look at the struggles and victories of six former mental health patients. Though once labeled "unemployable," they now work in businesses run and staffed by other psychiatric survivors – places where they can make a living, rebuild their lives, connect with others, and contribute to society. Their stories offer an illuminating glimpse of this complex community. AVAILABLE FROM: Fanlight Productions, Fanlight Productions, 4196 Washington Street, Ste. 2, Boston, MA 02131. (800) 937-4113